



- Little Samurai 4 - 6 years old
- Little Warrior 4 - 6 years old
- BJJ Blue, BJJ Blue No -Gi (Beginner)
- BJJ Kids 7 - 9 years old
- MT Kids 7 - 9 years old
- BJJ (Purple), BJJ (No-Gi) (Intermediate)  
only 3 stripes White Belt and higher are permitted
- BJJ Preteen 10 - 13 years old
- MT Preteen 10 - 13 years old

**EVOLVE RAFFLES PLACE**  
**CLASS SCHEDULE**  
Effective 20 Oct 2025

6:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	6:30
6:45		Open Gym		Open Gym				6:45
7:00	Muay Thai 06:30	BJJ (Purple) 06:45	Muay Thai 06:30	BJJ (No-Gi) 06:45	Muay Thai 06:30	BJJ (Purple) 06:45		7:00
7:15							Open Gym	7:15
7:30							Open Gym	7:30
7:45								7:45
8:00	Muay Thai 07:30	BJJ (Blue) 07:45	Muay Thai 07:30	BJJ (Purple) 07:45	Muay Thai 07:30	BJJ (No-Gi) 07:45	Muay Thai 07:15	8:00
8:15							BJJ (No-Gi) 07:30	8:15
8:30							Muay Thai 07:15	8:30
8:45							Muay Thai 08:15	8:45
9:00	Muay Thai 08:30		Muay Thai 08:30		Muay Thai 08:30		BJJ (Purple) 08:30	9:00
9:15							Muay Thai 08:15	9:15
9:30							BJJ ADULT Competitors Program 08:30	9:30
9:45							Muay Thai 08:15	9:45
10:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Muay Thai 09:15	10:00
10:15							Boxing (I) 09:15	10:15
10:30							BJJ (Randori) 09:30	10:30
10:45							Muay Thai 09:15	10:45
11:00							Boxing (I) 09:15	11:00
11:15							MT Preteen 10:15	11:15
11:30	Muay Thai 11:00	BJJ (Blue) 11:00	Muay Thai 11:15	BJJ (Blue) 11:15	Muay Thai 11:00	BJJ (Blue) 11:00	Little Samurai 10:00	11:30
11:45							MT Preteen 10:15	11:45
12:00							BJJ Kids 10:45	12:00
12:15	Muay Thai 11:45	Boxing (I) 11:45	Muay Thai 11:45	Boxing (I) 11:45	Muay Thai 11:45	Boxing (I) 11:45	Little Warrior 11:00	12:15
12:30							BJJ Preteen 11:30	12:30
12:45							Muay Thai Kids 11:45	12:45
13:00	Muay Thai 12:30	BJJ (No-Gi) (Blue) 12:00	Muay Thai 12:00	Boxing (I) 12:00	Muay Thai 12:00	Boxing (I) 12:00	BJJ (Blue) 12:00	13:00
13:15							Muay Thai 12:30	13:15
13:30	Boxing (I) 13:00	WarriorFit 13:00	Muay Thai 12:45		Muay Thai 12:45		Muay Thai 12:30	13:30
13:45							Muay Thai Clutching 12:30	13:45
14:00							BJJ (Blue) 12:15	14:00
14:15							Muay Thai 12:30	14:15
14:30	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	BJJ KIDS Competitors Program 13:15	14:30
14:45							Muay Thai 13:30	14:45
15:00							BJJ (Blue) 14:15	15:00
15:15							Boxing (I) 14:30	15:15
15:30	Muay Thai 15:00	BJJ (Blue) 15:15	Muay Thai 15:15	Little Warrior 15:30	Muay Thai 15:00	BJJ (Blue) 15:15	BJJ (No-Gi) 15:15	15:30
15:45							Muay Thai 15:30	15:45
16:00							BJJ (Purple) 15:15	16:00
16:15							Muay Thai 15:30	16:15
16:30	Muay Thai 16:00	BJJ (Blue) 16:15	Muay Thai Kids 16:15	Little Samurai 16:15	Muay Thai 16:00	BJJ (Blue) 16:15	Muay Thai 16:30	16:30
16:45							MMA 16:15	16:45
17:00							Muay Thai 16:30	17:00
17:15							Muay Thai 16:30	17:15
17:30	Muay Thai 17:00	BJJ (Purple) 17:15	MT Preteen 17:00	BJJ Kids 17:00	Muay Thai 17:00	BJJ (No-Gi) 17:15	Muay Thai 16:30	17:30
17:45							Muay Thai 16:30	17:45
18:00							Muay Thai 16:30	18:00
18:15							Muay Thai 16:30	18:15
18:30	Muay Thai 18:00	Boxing (I) 18:30	Muay Thai 17:45	BJJ Preteen 17:45	Muay Thai 17:45	BJJ Preteen 17:45	Muay Thai 17:30	18:30
18:45							Muay Thai 17:30	18:45
19:00							Muay Thai 17:30	19:00
19:15							Muay Thai 17:30	19:15
19:30	Muay Thai 19:00	BJJ (Blue) 19:15	Muay Thai 18:45	Boxing (I) 18:45	Muay Thai 18:45	Boxing (I) 18:45	Muay Thai 18:30	19:30
19:45							Muay Thai 18:30	19:45
20:00							Muay Thai 18:30	20:00
20:15							Muay Thai 18:30	20:15
20:30	Muay Thai Sparring 20:00	Boxing (I) 20:00	Muay Thai 19:45	BJJ (Purple) 19:30	Muay Thai 19:45	BJJ (Purple) 19:30	Muay Thai 19:30	20:30
20:45							Muay Thai 19:30	20:45
21:00							Muay Thai 19:30	21:00
21:15							Muay Thai 19:30	21:15
21:30	Muay Thai 21:00	WarriorFit 21:15	Muay Thai 20:45	BJJ (Blue) 21:00	Muay Thai 20:45	BJJ (Blue) 21:00	Muay Thai 21:00	21:30
21:45							Muay Thai 21:00	21:45
22:00							Muay Thai 21:00	22:00
22:15	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	WarriorFit 21:15	22:15

**Legend:**  
 Muay Thai (Beginner)  
 Muay Thai (Intermediate)  
 Boxing (Beginner)  
 Boxing (Intermediate)